

#### THE USAFE-AFAFRICA

# CHECK (6)

# HONORABLE WARRIOR

#### **GOAL**

U-A Airmen living with honor through noble speech and actions that align with their values

## **FACILITATOR'S NOTES**

#### **TOOLS TO PREPARE YOURSELF**

**1.** Watch video "Critical Failures in Honor" with Colonel (ret) Lee Ellis, Vietnam POW, Author, and Speaker.

https://www.youtube.com/watch? v=JwA5pENFi98&list=PL5GTG0duYMpZSdLcPzD6 hGP iVh8jo\_wfA&index=1

- **2.** Conversations are a time for you to mentor and create dialogue with your team.
  - Be engaging, interaction drives connection
  - Be genuine, establish credibility/gain trust
  - Be open to multiple opinions or points of view
- **3.** The suggested discussion points are not intended to be used like a checklist. The most successful conversations involve shared personal experiences authenticity is key. Leaders who adapt the conversation to their audience and what they think will make the most impact have had the greatest success.

# THE EXTRA MILE

#### **ADDITIONAL RESOURCES**

Listen for yourself and encourage others to check out the Blue Grit Podcast featuring Col (Ret) Lee Ellis: https://soundcloud.com/user-52299767/blue-grit-episode-10-colret-lee-ellis

Lee Ellis spent 5 ½ years as a prisoner of war in Hanoi and surrounding areas. He shares his dramatic story, and the stories of his fellow POWs, filled with selfless honor, integrity, and character as the foundation for their daily decision-making.

## **MISSION PLAN**

#### **HOW TO EXECUTE**

#### FRAMING THE CONVERSATION

Our Air Force desperately needs men and women who will lead with honor. Lee Ellis said, "Don't take it for granted that you will lead honorably. Engage in the battle required to guard your character. To be prepared, know yourself, clarify your values, standards, and commitments, confront your doubts and fears, and connect with your support team."

We all face challenges that can pull us in directions that run contrary to our beliefs. When we get off track, we need to course correct quickly. At work, home, and within our community, we can set the example to help others stay on track as well.

When you spend time getting to know yourself, you will lead from your own true north. Accept who you are. Recognize there is always room for growth. Work every day to build yourself strong so you can lead authentically from the inside out.

To learn more from <u>Leading with Honor-Do You Have What It Takes</u>, visit https://www.amanet.org/articles/leading-with-honor-do-you-have-what-it-takes/

#### SUGGESTED DISCUSSION POINTS:

- 1. Describe what it means to you to live with honor.
- 2. Think of an honorable person you know. Share what character traits they demonstrate that you respect.
- 3. How does your work center or team guard against dishonorable behavior?
- 4. How can you stay true to yourself and do what you think is right even when others don't?

#### MISSION CHALLENGE

HOW TO APPLY THE LESSON

- 1. Consider creating a work center Honor Code to help build connections, focus on your shared values, and strengthen your common purpose. You may choose to adopt "The Honor Code (Leading with Honor®) 7 Core Behaviors for Honorable Leadership" or create a new one that works better for your team.
- 2. Consider recognizing Airman that exemplify the behaviors established in your Honor Code. Just like a sports team, when one player makes a good play, it reflects positively on the team. Show them their work and actions raise up the individual and the team collectively.

Ellis, L. (2019) Leading With Honor--Do You Have What It Takes? retrieved from the web on 09-September-2019 from https://www.amanet.org/articles/leading-with-honor-do-you-have-what-it-takes/



Visit www.usafe.af.mil/grit for additional Check 6 discussion topics

# LEADING WITH HONOR®

Live your values.

Be faithful to your spiritual core, your conscience, and your deepest intuitions.

1

Tell the truth, even when it's difficult.

Avoid duplicity and deceitful behavior.

The Honor Code by Lee Ellis

7 CORE BEHAVIORS

for Honorable Leadership

LeadingWithHonor.com/Code

HONOR

2

Treat others with dignity and respect.

Take the lead, and show value to others.

3

Keep your word and your commitments.

Ask for relief sooner than later if necessary.

Be courageous.

Lean into the pain of your fears to do what you know

Lean into the pain of your fears to do what you know is right even when it feels unnatural or uncomfortable.

5

Act responsibly; do your duty, and be accountable.

Own your mistakes, and work to do better in the future.

**4** 

Be ethical.

Operate within the laws of the land, the guidelines of your profession, and the policies of your employer.